

LEARNING AT HOME IDEAS

FOR 3-5 YEAR OLDS

The best 'toy' a child can have is **YOU**. Play with them, listen to them & have **FUN** together.



FINE MOTOR

Little muscles in our hands

'Make marks' (the beginning of writing) draw, paint, write. This can be done with pencils, crayons, paint, textas or even using whiteboard markers on mirror or windows.

Make a collage - go on a treasure hunt in the back yard and make a collage of what you found. You could include play-dough, nature items, cookie cutters, butter knives or utensils.

Write for a purpose - make a card, postcard, story, play to act out, shop signs, recipe. Go with your child's interest.



SOCIAL DEVELOPMENT

The way we interact and connect with others

Sing songs together, take it in turns

Read or listen to books together or with family via Facetime, Skype etc.

Take part in imaginative play, think restaurants, doctors surgery, vet etc.

Work together to make a fort.

Re-enact your favourite story and perform it to family.

GROSS MOTOR

Big muscles in our bodies

Set up an obstacle course.

Go to the park, beach, forest etc & play.

Have a dance party.

Practice Yoga, or any other type of exercise together.



EMOTIONAL DEVELOPMENT

The way we feel, and our sense of belonging

Eat dinner together.

Have family chats, share stories.

Send letters to neighbours or emails to the community.

Share household jobs.

Create a gratefulness ritual.

Create a quiet, safe place just for them.



COGNITIVE DEVELOPMENT

Our brains making new connections

Play a board game or make your own (snakes and ladders, twister).

Set the table with the right amount of cutlery and crockery.

Create a clue challenge/ maze race throughout the house.

Make a box construction challenge.

Collect things on a walk, count them.

